Role of Homeopathy in Autism and Learning Disorders

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Consulting Homoeopath
The basic principles of homeopathy

- Like cures like- The Law of Similar’s and Susceptibility
- Individualization- The perfect fit
- Potentization- Super dilution
Nature’s Law of Healing

- Primary and Secondary action - the way healing takes place
- The healer within...arousing of the vital force and its restoration to health
- The efficacy of nature's laws in all fields
Role in Autism and Learning Disabilities
The Kingdom Classification

- Minerals are structured and are always talking in percentages and data.
- Plants are always ready to adapt and adjust due to heightened sensitivity.
- Animals are very territorial and take a posture of survival of the fittest which is the law of the jungle.
Accuracy in Prescribing
The Periodic Table of Elements
A case of OCD with Schizophrenia and Asperger’s

A remedy from Row 2- Noble Gases
Main themes

- An adult - but very child like
- Nervous without his water bottle
- Need for familiarity and structured routine
- No need for the least social interaction
- Feels he is complete in himself
- Fear of walking on pedestrian pass - 'too narrow'
- Umbilical cord around neck during labor
Fascinated by the periodic table of elements
They follow rules
Row 2 is the most fascinating
As these elements make up life
They are not too simple and yet not too complex
The noble gases are very stable as their electron shell is full
The 2008 TV show- Breaking Bad: the chemistry teacher and the periodic table connection
He was given a dose of Neon 1M

This was followed by LM potencies in ascending order

He has been able to drop more than half of his drugs for his OCD and psychotic behaviour.

He likes to visit his home more often

His social skills have definitely improved

The fear of heights is less

The hallucinations of voices is much less

He now teaches his older sister Chemistry who is in University
How Homeopathy Works
Immaterial changes precede the material

- Doctoral thesis- Scientists from IIT Mumbai
- ‘Extreme homoeopathic dilutions retain starting materials: A nanoparticulate perspective’
- Using material substances at an immaterial level
- Immaterial changes precede material changes
- So the immaterial is greater than the material and needs to be addressed first in order for a deep cure to occur
- Centre to periphery-Law of direction of cure and the significance of exteriorization at the periphery in chronic cases
Importance of observations
A few case examples...

- The cracked tongue in the father of one child with autism
- The fear of injury and heightened sensitivity to another girl child’s dolls feeling pain in play (case to follow)
- The nervousness till an object of security was arranged- the Neon case of the water bottle
- The jerking of the knees of another child with autism who did well on Theridion- a spider remedy
The Repertory and building blocks

- Data from human proving’s are systematically arranged and now also computerized.
- The more peculiar and non-logical the symptom, the higher its significance.
- Physical particulars, their modalities, and their sensations when possible along with all generalities of a case are taken into consideration.
- The onset and sequence of events is given due consideration as well.
- We will refer to such a repertorial building block approach via a sample case in a while.
Mother’s state during pregnancy- parental confirmation
A case of Pervasive Development Disorder

- The intense fear and sensitivity to any kind of pain during pregnancy and labor was instrumental in prescribing for the child.

- The child had got her doll along with her, and insisted that I check it first, as it had broken an arm.

- There was a big fear of injury and getting hurt in the child as well.

- There was intolerance of hunger with teeth grinding, boring into the nose and frequent yeast infections.
Cina and the Compostitae (Arnica) Family

- Cina 1M along with LM’s was prescribed.
- The child was also on bio-medical intervention.
- As the attending physician was very co-operative and shared a good working relationship, it was a very integrated approach that worked in the best interest of the child’s needs.
- Today the child interacts, empathizes with others needs and enjoys being a part of her family.
- Moreover, seeing her child’s progress, the mother is very actively supporting the cause of autism in several parental bodies and helping create the right kind of awareness to parents.
The significance of doodles
A CASE OF BRAIN INJURY

- Many calcium themes
- Doodles of swirls when bored or distracted
- ‘I carry my pillow and even my mattress where ever I go....its like carrying my home with me
- Repeated urinary infections since accident
- I love snails...their shell is so mysterious and they are so soft and squiggly...
- I love watching them slowly overcoming obstacles
Helix Tosta (Snail)

- She received a dose of a 1M
- Soon her backache and constipation cleared up totally
- She was able to concentrate much better
- No more repeated urinary infections, so the proposed surgery was put off.
- She is more confident and takes independent decisions
- No more need for swirl doodles, though she loves making other patterns but does not get lost in them like earlier.
Vaccine or preservative Nosodes

11 yr boy–vaccine insult
Presenting symptoms

- Vaccine damage
- Multiple food allergies
- Strong reaction to vaccine
- Swelling and pain at vaccine site
- Hitting head on crib with fever
- Given Tylenol
Doodles

- Control and no control
- Toilets
- Toxic
- Clang word-metal
- Diamond plate
- Million needles like shots that I have had
On repertorization of the case rubrics

<table>
<thead>
<tr>
<th>Remedy Name</th>
<th>Totality</th>
<th>Mec</th>
<th>Bll</th>
<th>Sil</th>
<th>Calc</th>
<th>Brym</th>
<th>Sulp</th>
<th>Acm</th>
<th>Pms</th>
<th>Jtn</th>
<th>Sep</th>
<th>Adv</th>
<th>Azo</th>
<th>Rita</th>
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<tbody>
<tr>
<td>[KT] [Perspiration] Suppressed</td>
<td>complaints from</td>
<td>6</td>
<td>6</td>
<td>4</td>
<td>4</td>
<td>4</td>
<td>4</td>
<td>1</td>
<td>2</td>
<td>2</td>
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<tr>
<td>[C] [Muc] Fuses</td>
<td>Licks up cow-dung, mud, salve</td>
<td>1</td>
<td>1</td>
<td>1</td>
<td>1</td>
<td>1</td>
<td>1</td>
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<tr>
<td>[SP] [Vaccination] Bad effects of vaccination after</td>
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<td>2</td>
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<td>1</td>
<td>1</td>
<td>1</td>
<td>1</td>
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<td>1</td>
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<td>[BR] [Mouth] Jps Distortion</td>
<td>1</td>
<td>1</td>
<td>1</td>
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<tr>
<td>[C] [Face] Dropping Lips</td>
<td>1</td>
<td>1</td>
<td>1</td>
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<td>[BN] [Sleep] During sleep</td>
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Symptoms: 9
Remedies: 113
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<tr>
<th>Existence</th>
<th>separation</th>
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<tr>
<td>Identity</td>
<td></td>
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<tr>
<td>Security</td>
<td>Creativity</td>
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<tr>
<td>&amp; task</td>
<td>&amp; performance</td>
</tr>
<tr>
<td></td>
<td>Responsibilit</td>
</tr>
</tbody>
</table>

Periodic Table of Elements

- H, He, Li, Be, B, C, N, O, F, Ne
- Na, Mg, Al
- K, Ca, Sc, Ti, V, Cr, Mn, Fe, Co, Ni, Cu, Zn, Ga, Ge, As, Se, Br, Kr
- Rb, Sr, Y, Zr, Nb, Mo, Tc, Ru, Rh, Pd, Ag, Cd, In, Sn, Sb, Te, I, Xe
- Cs, Ba, Hf, Ta, W, Re, Os, Ir, Pt, Au, Hg, Tl, Pb, Bi, Po, At, Rn
- La, Ce, Pr, Nd, Pm, Sm, Eu, Gd, Tb, Dy, Ho, Er, Tm, Yb, Lu
- Ac, Th, Pa, U, Np, Pu, Am, Cm, Bk, Cf, Es, Fm, Md, No, Lr
The structure is under constant attack

Delusion surrounded by enemies/police
Thimerosal

- A mercury derivative
- Used as a preservative in vaccines
- Its possible role in autism

- Its capacity to cause neurological damage
- Hence chosen over Merc Sol or other Mercury compounds
- The child’s dream represented by his doodle is more suggestive towards it
- Moreover it is represented by a lot of energy while he relates it
Potency and follow up-

- Single dose of 1M
- Started to sweat after dose - profuse sweat like bubbles after vaccine. Then had almost stopped sweating until after the remedy when again he started to sweat profusely
- Violent dreams became less
- Less aggression
- Could concentrate better
- Could chew solids more easily without pain in facial muscles
Started to tolerate foods that would cause severe allergy in the past

His general immunity improved

It has been over 2 years and there has not been a need to repeat a dose

He gets mild bouts of fever that don’t lead to much toxaemia and after profuse sweating, settles down by itself

He continues to be under observation
Other complementary therapies
And intercurrent solutions
Bowel Nosodes

Gaertner

- The keynote for this nosode is "malnutrition"
- It is the nosode applicable to the treatment of many diseases of childhood especially when they are emaciated
- Mostly observed in the child; hypersensitive to all impressions, psychical or physical; overactive brain with under nourished body.
- It is in the digestive tract that Gaertner has its greatest action, and this often manifests itself about the age of 6 months at the time when the infant is put on to the artificial feeding.
- The inability to digest fat, so lactose intolerant
Toxicity and Diet

- GFCF Diet plan
- Chelating agents
- Lead and Mercury toxicity
- Yeast
Other co-infections and how to deal with them with homeopathic remedies

- Clostridia and the role of vaccines (Tetanus) auto-vaccines and Bowel nosodes
- Lyme- LIA- Rhus Tox and Bowel nosodes
- Strep- Streptococcinum
- Staph- Staphylococcinum
- Parasites- Cina and Bowel nosodes
The case for Lyme to be implicated in Autism is clearer when we find that we host **Intestinal Spirochetes** as part of our natural flora.

Many credible articles now cite cell wall deficient bacteria [CWD] as responsible for much chronic illness.

In fact they are responsible for **ALL** the diseases where the immune system is involved and acts against the host, the so-called autoimmune TH1 diseases.
Dr. Kent’s quote

Constitutional remedy and bowel nosodes

- ‘Perhaps the bacteria is not the cause, but the bacteria has a cause...’
- So it boils down to enhancing ones immune system
- And the bowel flora need to become compatible with the host rather than remain hostile
- This highlights once more the role of bowel nosodes as an intercurrent solution to help clear blocks
The science of Prana
The Homeopathy-Yoga Centre
A case of Asperger’s on Radium Bromatum

- Radium Bromatum is a radio-active substance from the actinide series - row 7
- They take on more responsibility than they are supposed to for their age
- The boy was hearing voices on the roof that would order him to do tasks, that he was compelled to listen to
- This would leave him very exhausted
- He would feel guilty for the smallest of reasons, and even though the parents were very supportive, he would constantly feel that he has done something wrong for which he needs to keep apologizing
- This would also make him very fidgety
Radium Brom themes

- Skin very sensitive to radiated heat of the sun
- Constant talk of aliens and space
- Mother is an astro-physicist who also did very well on the same remedy
- The pressure experienced as a sensation in remedies from this row, makes them feel that the weight is too heavy and they will disintegrate if the pressure continues
ABA is a well known technique that behavioural therapists apply in the care of autistic children. The idea is to recognize a patterned behaviour that may be detrimental to the learning skills and adaptation process of such children. And then dissuade or discourage such patterns through firm handling and coaxing to provide other more socially acceptable options.
This in very simple terms is remedy applied behaviour analysis approach.

So for instance in the Radium Brom case, the parents were encouraged to share with the child instances where they may have erred and how they dealt with the same.

The child was allowed to share his concerns and fears without any judgement.

His role in any crisis at home was marginalized and yet he was encouraged to make amends and have a dialogue with the person concerned.

He was encouraged to share his dreams and doodles.

All this along with the remedy assisted him in his recovery process faster.
The child stopped hearing voices immediately
He was more focused at work
He stopped feeling guilty
His allergies and wheezing reduced considerably
Also his ability to withstand the sun increased
3 kingdoms in one (a variant)
A case of ADHD

- Adopted child
- Very aggressive
- Very low attention span
- Constantly on the move
- Fear of loss of security person
- Very possessive
- Desires to be watched constantly
Gallic Acid

- Prepared from the secretion of a wasp on a gall oak trunk or a leaf
Summing up
Subjective Homeopathy- Energy level prescribing
KIDS

- Kingdom and sub-kingdom
- Investigation to the core
- Doodles
- Strange, rare and peculiar symptoms and modalities
POP

- Pattern - Repetitive hand gestures and source words
- Observations - with intense energy
- Parental state confirmation
Maternal pregnancy history and birth trauma

Overview - onset, vaccine insult, treating acutes and co-infections

Miasm - for corresponding intercurrent nosodes at times of a block
The Horseboy
The concept of individualization

- A depiction of the struggle and adventure of parents of an autistic boy
- Their inherent instinct to find a unique fit for their special child
- A family saga
- A very satisfying end result
- Rupert Isaacson- www.horseboyfoundation.org
How to contact us and be updated

- www.drsunilanand.com
- Children Homeopathy CD (set of 2- PC compatible)